Essential First Aid Services



Automated External Defibrillation And

Cardio Pulmonary Resuscitation

Over 170,000 people die in the UK each year from cardiac arrest.

Research shows that in the event of this happening the best chance of survival is to be defibrillated within 5 minutes. You could raise a person's chance of survival from 5% to 80% if you have an automated external defibrillator and a trained operator at the site of the sudden cardiac arrest.

Who Should Attend

Any one who wishes to extend their emergency aid skills. You do NOT need any previous first aid knowledge

What Will They Learn

How and when to use the Automated External Defibrillator

Course Content

CPR

Heart Attacks

Operating your AED

Recovery Position

Getting to know your AED

Course Duration

Course Price

2 hours

£40 per person +vat £400 per course of up to 12 people +vat

Contact us:

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